

Hood River Prevents

Hood River County Prevention Department

What is Social Hosting?

By Ilea Bouse, staff, Prevention & Education Specialist, 541-387-7030 / ilea.bouse@co.hood-river.or.us

Summer is a time to relax and enjoy friends and family. Whether you are sitting around a campfire, playing bocce ball in the your yard with friends, or vacationing in a hotel with a group of friends, it is best to have your fun alcohol free. Remember kids are watching you even when you are on vacation.

If you have alcohol at your party, you are responsible. It is important to know there are laws around serving alcohol even at a private party.

“Social Host” is the legal term used to describe someone who has a party in a space they control. A “Social Host” could also be called a “Party Host”, “Party Giver”, Host, Hostess, or “Entertainer”. The Social Host controls the party space which can be a home (rented, leased or owned), a campsite, a hotel room or any other type of private real property.

In Oregon there are two laws that you should know about hosting a party. **ORS 471.565 Licensee, permittee and social host liability.** As a social host, if you serve visibly intoxicated persons or guests, you may be held for damages caused by the persons or guests away from your home or licensed premises. **ORS 471.410 (3) Controlling an area where minors are permitted to consume alcohol.** It is illegal for someone exercising control

over private real property to allow any person under 21 to consume alcohol on the property in your presence. It is also illegal to allow any person under age 21 to remain on the property if they have consumed alcohol. Private real property may include a hotel room, camp site, or any rented/leased location. The only exception is for your own minor child/children. If you control an area where minors consume alcohol, you will receive a criminal citation. (Criminal Violation)” Cited from: www.oregon.gov/olcc/Pages/Play-It-Safe.aspx

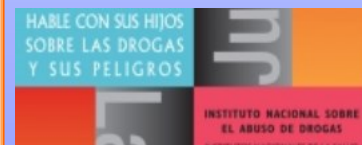
To enjoy the best summer possible, we recommend enjoying family and friends without alcohol. Refreshing, fruity, fizzy, decorative drink recipes are all over the internet. Test them out and let us know your favorites, we'll post them on our Facebook page. Have a Fun and Safe summer!

For more information or questions contact Ilea at the Prevention Department at 541-387-7030.

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Some of our favorite links.



PARENTS.
THE ANTI-DRUG.

GET INVOLVED

ATOD Prevention Coalition:

When: First Wednesday of the month

3:30–5:00pm

Where: China Gorge Restaurant

(2680 Old Columbia River Dr.)

Contact: Belinda Ballah, 541-387-6890

Health Media Clubs (HRMS, Wy'east, HRVHS)

When: HRMS: Mondays

Wy'east: 1st & 3rd Tuesdays

HRVHS: 1st & 3rd Thursdays

Where: HRMS: Conference Rm

Wy'east: Lunch Room

HRVHS: Mr. Judah's Room

Contact: Belinda Ballah, 541-387-6890

Six Month Report

By Nubia Contreras, staff, Odell Hispanic Drug Prevention & Health Promotion Coalition, 541-387-7031 / nubia.contreras@co.hood-river.or.us

Planning Tips:

- Know that turnouts will vary
- Finding the perfect time to meet is tricky
- Have food available
- Print materials ahead of time
- Technical issues do happen
- Try to have a back-up plan
- Ask questions
- Have fun

Where has time gone? It has been six months since I started working at the Prevention Department and all I can say is that it has been a lot of fun and a big learning experience. I wanted to share some of my learning's with you.

First thing that I learned was that I knew nothing about prevention. I thought I did, but there is a lot of information out there that I leave the office everyday with a new fact or statistic about drugs, alcohol, marijuana, and opioids. After getting past the fact that I know nothing and that I was surrounded by experts, my co-workers, the learning process began and so did the questions. The biggest one that has yet to be answered is, why?

Finding out that youth are starting to drink, smoke/vape at a younger age surprised and shocked me all at once. Trying to learn the reasons why they start has been tricky and I have yet to find an answer. If anybody reading this has an idea or theory please let me know. Working with youth with our HEALTH Media Clubs has been a great way of educating and learning for me these past couple of months. I will miss working them during the summer months when school is on vacation. With the time off, it will give us time to work on a plan for next year with the input that the students gave. We are looking at a few trips and more PSAs.

Something else that I have learned is that as much as you try to be environmentally conscious it can create technical problems. It's nothing too complicated if you are able to make copies but if you aren't able to then it might make things a little confusing for your attendees. Note to the wise, have paper copies of some of the documents just to be on the safe side.

Working with the Odell Hispanic Drug Prevention & Health Promotion Coalition has been great. Restructuring and making it stronger has empowered its members. After months of trying things out for our meeting times and dates; we have set down days and times. If you would like to join our meetings they will be **every second Wednesday alternating from 12pm-1:30pm to 5:30pm-7pm at the Hood River Library conference room.** Our next meeting will be July 11th at noon at the court house conference since the library was already booked. If you have any questions or would like to be added to the list serve please let me know. Everyone is welcome and translation is available as well.

There is more to learn and trainings to attend in order to get my certification as a certified prevention specialist. If you have questions regarding alcohol or other substance and I don't have the answers I will gladly refer you to my co-workers that have more knowledge on the subject and who have been a great resource for me these past couple of months. Looking forward to many more months to come.



Marijuana: Facts Parents Need to Know

By Belinda Ballah, Director Hood River County Prevention Department, 541-387-6890 / belinda.ballah@co.hood-river.or.us

Why do young people use marijuana? Young people start using marijuana for many reasons. Curiosity, peer pressure, and the desire to fit in with friends are common ones. Those who have already begun to smoke cigarettes or use alcohol—or both—are at increased risk for marijuana use as well. And people who have untreated mental health disorders (such as depression, anxiety, conduct disorder, or ADHD) or who have experienced trauma are at increased risk of using marijuana and other drugs at an early age.

For some, drug use begins as a means of coping with anxiety, anger, depression, boredom, and other unpleasant feelings. But, in fact, being high can be a way of simply avoiding the problems and challenges of growing up. Research also suggests that family members' use of alcohol and drugs plays a strong role in whether a young person starts using drugs. Parents, grandparents, and older siblings are models that chil-



“Talking to our children about drug use isn’t always easy, but it is crucial.” Nora D. Volkow, M.D.
National Institute on Drug Abuse

dren follow. Indeed, all aspects of a teen’s environment—home, school, and community—can influence whether he or she will try drugs.

How can I prevent my child from using marijuana? There is no magic bullet for preventing teen drug use. But research shows parents have a big influence on their teens, even when it doesn’t seem that way. Talk openly with your children and stay actively engaged in their lives. To help you get started, the next section provides some key points about marijuana research findings that you can share with your kids to help them sort out fact from myth and help them make the best decisions they can. These key points address the types of questions and comments that we receive from teens every day on our NIDA for Teens website and blog. Following that brief section, the FAQs and additional resources will equip you with even more information.

NIDA. (2016, June 29). Marijuana: Facts Parents Need to Know. Retrieved from <https://www.drugabuse.gov/publications/marijuana-facts-parents-need-to-know> on 2018, June 19

If you would like a copy of the complete booklet, stop by the Hood River County Prevention Department or go online to the link provided at the end of the article.

H.E.A.L.T.H. Media Clubs Celebrate the 2017-2018 School Year

By Ilea Bouse, Staff Facilitator, Prevention & Education Specialist, 541-387-7030 / ilea.bouse@co.hood-river.or.us

This was a great year for the HEALTH Media Clubs. They recorded radio PSAs, wrote letters to the Editor, decorated their schools with posters, and Sidewalk Chalk Campaigns. They created holiday jingles, sticker designs, t-shirts, sweatshirts, and theater ads. We played many learning games, such as Drug Awareness Bingo, and Tobacco Crossword. The Clubs learned about underage drinking, tobacco and vape, marijuana, prescription and illicit drug use, sexual assault awareness, mental health promotion, and suicide prevention.

The Hood River Middle School HEALTH Media Club had 17 regular members when we finished the year. They celebrated the end of the year with underage drinking prevention messages displayed in chalk in the courtyard, and a pizza party. There was a lot of dancing on the stage, giggles, and excitement for summer!

GRADUATION
SHOULD BE
SPENT WITH
CAKE, NOT A
CELL MATE



BROUGHT TO YOU BY THE HRVHS HEALTH MEDIA CLUB

2018 Graduation theater ad

The Wy'East Health Media Club took a final trip for the year to Radio Tierra, to record some PSA's, and they had a live interview. The interview was a great way for the kids to show what they learned over the year. The group had eleven different kids off and on, but there was a core group of four who came every time. They celebrated the end of the year with a party, and

basketball. They gave the facilitators a run for our money in basketball after each club meeting. It was great fun for everyone!!

The HRVHS HEALTH Media club ended their school year with a great Graduation Theater Ad, shown here. They celebrated with Pizza. Yet they plan to work all summer. They will participate in a Sticker Shock event for the 4th of July on June 29th, and several kids are going to the CADCA Mid Year in July. They also plan to have a back to school party in August to elect officers for next year.

All of the clubs will help run the Prevention Booth at the Hood River County Fair this year, July 25th- 28th. There are still spots available to help out.

Call the Prevention Office if you want to help the Clubs and Department at the Fair. It will be fun to hand out information, help kids spin the question wheel, and give winners a prize. This is a great and fun way to spread the word about prevention.

For more information call the Hood River County Prevention Department at 541-386-2500.

GET INVOLVED

High School Health Media Club:

When: 2nd & 4th
Wednesday after school
1st & 3rd Wednesday
during lunch

Where: Hood River Valley High School
Mr. Judah Room (1220
Indian Creek)

Contact: Belinda Ballah,
541-387-6890

Middle School Health Media Clubs:

When: HRMS: Mondays
6, 7, 8th Lunch Periods

Wy'east 1st & 3rd Tuesday
3:45—5:00pm

Where: HRMS Room 99

Wy'east Middle School Cafeteria

Contact: Belinda Ballah,
541-387-6890

Odell Hispanic Drug Prevention Coalition

When: To Be Determined

Where: Place to be determined

Contact: Belinda Ballah,
541-387-6890



This newsletter was compiled
by Hood River County
Prevention Department