

Mental Health Resources for the Gorge

Recursos para la salud mental

- **Mid-Columbia Center for Living (MCCFL):** 541-386-2630; www.mccfl.org
- **Early Assessment and Support Alliance (EASA) at MCCFL:** 541-386-2620
- **MCCFL Crisis Hotline:** 888-877-9147
- **One Community Health:** 541-386-6380; www.onecommunityhealth.org
- **School Based Health Center:** 541-386-6380; www.onecommunityhealth.org/sbhc
- **Lines for Life:** 503-244-5211; www.linesforlife.org
- **Providence Gorge Counseling & Treatment Center Crisis Line:** 541-387-6138
- **Therapy in the Gorge:** 541-400-0186; www.therapyinthegorge.com
- **National Suicide Prevention Hotline: 988;** www.suicidepreventionlifeline.org
- **Crisis Text Line:** 24/7 Text "OREGON" to 741-741
- **The Trevor Project:** 866-488-7386; www.thetrevorproject.org
- **In case of an emergency call 911/para emergencia 911**

